

Stand Up for Your Health

If you or a family member have been prescribed painkillers or opioids, there are several ways you can keep yourself and your family and co-workers safe. Follow these four simple steps:



Safe Storage. Store all prescription pain medication securely in your home. It is best to store them in a locked medicine cabinet. Leaving them in a desk drawer at work is not a safe choice.



Safe Disposal. If you have leftover pain medication, practice safe disposal by finding a prescription drop box location near you or by attending a drug takeback event in your community.



Don't Mix. Opioids should never be mixed with alcohol, sedatives, or other psychotherapeutic medication. Talk to your doctor or pharmacist about other potential drug interactions.



Don't Share. You should never share your medication with a friend, family member, or co-worker.

STANDUP
MISSISSIPPI
AGAINST THE OPIOID CRISIS

Get Help.

If you or someone you know is struggling with opioid use disorder, treatment is available.

Visit www.StandUpMS.org for more information or call the DMH Helpline at 1-877-210-8513 to find a treatment center near you.

Stand Up, Mississippi is a statewide initiative to put an end to the opioid crisis in our state and inspire all Mississippians to work together to take positive steps towards creating a stronger and healthier future.